

Curriculum Vitae

Alec Chaves

Education

- In progress Master of Science
Major: Kinesiology
Track: Applied Exercise Physiology
GPA: 4.00
University of Illinois at Chicago, Chicago, IL
Advisor: Dr. Jacob Haus
- May 2015 Bachelor of Science
Major: Exercise Science Allied Health Track
GPA: 3.97
Salisbury University, Salisbury, MD
Advisor: Dr. Scott Mazzetti

Professional Appointments

- June 2016-present Graduate Research Assistant
Department of Kinesiology and Nutrition
University of Illinois at Chicago
Chicago, IL
Principal Investigator: Dr. Jacob Haus
- Jan. 2016- present Cadaver Anatomy Workshop Instructor
Department of Kinesiology and Nutrition
University of Illinois at Chicago
Chicago, IL
- Aug. 2015- present Graduate Teaching Assistant
Department of Kinesiology and Nutrition
University of Illinois at Chicago
Chicago, IL
- Jan. 2014 - May 2015 Undergraduate Research Assistant
The Laboratory for Human Performance
Salisbury University
Salisbury, MD
- Aug. 2014 - May 2015 Academic Tutor
Center for Student Achievement
Salisbury University
Salisbury, MD

May 2014- Sept. 2014 Undergraduate Intern
NRH Regional Rehabilitation
MedStar National Rehabilitation Network
Salisbury, MD

Professional Service

May 2016 Faculty Selection Committee
Department of Kinesiology and Nutrition
University of Illinois at Chicago
Chicago, IL

Aug. 2014 – May 2015 Exercise Science Club Executive Officer
Student Government Association
Salisbury University
Salisbury, MD

Professional Certifications

Certified Strength and Conditioning Specialist-NSCA, *current*
Protecting Human Research Participants-NIH, *current*
Certified Tutor Level I-CRLA, *current*
Adult and Pediatric First Aide/CPR/AED-American Red Cross, *current*

Professional Memberships

National Strength and Conditioning Association
Phi Kappa Phi Professional Fraternity

Honors & Awards

National Student College Bowl-1st Place
American College of Sports Medicine, Awarded Spring 2015

Exercise Science Outstanding Major Award
Salisbury University, Awarded Spring 2015

MARC College Bowl- 1st Place
American College of Sports Medicine, Awarded, Fall 2014

Good Standing, Salisbury University
Awarded, Fall 2011-Spring 2015

Dean's List
Salisbury University, Awarded, Fall 2011- Spring 2015

Division II National Champion
USA Rugby, Awarded, Fall 2013, Bowling Green, OH

Presidential Scholarship
Salisbury University, Fall 2011-Spring 2015

Scientific Abstracts and Oral Presentations

Validity of a Weightlifting Accelerometer for Measuring Average Power:
William M. Castor, Joseph C. Watso, Samantha R. Guarnera, Josh M. Bock, Edwin R. Miranda, Victoria R. Meyers, Alec B. Chaves, Scott Mazzetti. Salisbury University, Salisbury, MD *Mid-Atlantic Regional Conference-American College Sports Medicine, Harrisburg, PA, November, 2014.*

Comparability of Tendo Weightlifting Analyzer with Recreational and Explosive Bench Press Exercise: Joseph Watso, William M. Castor, Alec B. Chaves, Victoria R. Meyers, Patrick J. Ferrara, Asif Shakur, Thomas C. Heinbockel, Scott A. Mazzetti. Salisbury University, Salisbury, MD, *Mid-Atlantic Regional Conference-American College Sports Medicine, Harrisburg, PA, November, 2014.*

Reliability of a Weightlifting Accelerometer During Repeated 1 KG Drop Trials:
Alec B. Chaves, Pat J. Ferrara, Edwin R. Miranda, William M. Castor, Joseph C. Watso, Samantha R. Guarnera, Joshua M. Bock, Thomas C. Heinbockel, Scott A. Mazzetti. Salisbury University, Salisbury, MD *Mid-Atlantic Regional Conference-American College Sports Medicine, Harrisburg, PA, November, 2014.*

Poster Presentations

Validity of a Weightlifting Accelerometer for Measuring Average Power:
William M. Castor, Joseph C. Watso, Samantha R. Guarnera, Josh M. Bock, Edwin R. Miranda, Victoria R. Meyers, Alec B. Chaves, Scott Mazzetti. Salisbury University, Salisbury, MD, *National Annual Conference-American College of Sports Medicine, San Diego, CA, May, 2015.*

Comparability of Tendo Weightlifting Analyzer with Recreational and Explosive Bench Press Exercise: Joseph Watso, William M. Castor, Alec B. Chaves, Victoria R. Meyers, Patrick J. Ferrara, Asif Shakur, Thomas C. Heinbockel, Scott A. Mazzetti. Salisbury University, Salisbury, MD, *National Annual Conference-American College of Sports Medicine, San Diego, CA, May, 2015.*

Educational Presentations

Understanding Spondylolysis and Spondylolisthesis. Alec Chaves. *MedStar National Rehabilitation Hospital*, Salisbury, MD. August 2014.

Collegiate Sports Appointments

Sept. 2012 – Nov. 2013

Forward's Captain
Salisbury University Men's Rugby Club
Salisbury University
Salisbury, MD