

**VARSHA RAJAGOPAL RAO**  
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## **Education**

2016- Present

M.S, Rehabilitation Sciences  
University of Illinois at Chicago

2014- Bachelor's in Physical Therapy  
MGM School of Physiotherapy

## **Employment**

2015-2016:-Present Master's candidate and Graduate Assistant; University of Illinois at Chicago

- Assisted in data collection in Rehabilitation Institute of Chicago on the Freehand Ultrasound to Evaluate Scapular Kinematics in Paraplegic Persons.
- Potential research projects; Perfusion Biomarkers on Ulcer formation in Acute SCI and Effect of isolated knee extension exercise on microvascular properties in Diabetic adults

2016- Desk Attendant at UIC Sports and Fitness Centre

- Multitasking along with providing memberships and ID cards and providing assistance to UIC health and fitness patrons.
- Experience in operating the cash register and conducting transactions.
- Providing customer service, communicate with patrons and other staff clearly and appropriately.

2013-2015: Physical therapist at Om Physiotherapy Clinic

- Evaluating and designing treatment protocols for patients
- Maintaining week to week patient profiles and progress reports.
- Training junior employees.

2013-2014- Intern trainee at MGM hospital

- Designed and treated intervention protocols at the In- patient and the Out-patient department.
- Research project on effect of mirror therapy in rehabilitation of traumatic hand injuries

2009-2013- Undergraduate clinical assistant at the MGM hospital, Navi Mumbai

## **Awards:**

**Fall 2015 and Summer 2016- Board of trustee Scholarship**